

2026 Iowa Great Lakes XC Invitational - 9/3/2026
Brooks Golf Course (Spirit Lake, Iowa)
Spirit Lake/Okoboji Co-Hosts

Event 1 Girls 5k Run CC Varsity

Name	Year School	Finals	Points
Class A Results 5000 Run			
1 Jones, Audrina	12 Sioux Center	20:32.27	1
2 Klaassen, Willa	09 George-LR-CL	21:00.42	2
3 Healey, Laynee	09 Spencer	21:03.98	3
4 Heithoff, Taylor	09 Kuemper Catholic	21:19.10	4
5 Matthiesen, Minnie	10 Spencer	21:21.09	5
6 Fullhart, Emerie	09 Spencer	21:24.12	6
7 Lomholt, Addison	11 Oa-Bcig	21:30.53	7
8 Clouse, Samantha	11 Forest City	21:35.49	8
9 Wielenga, Kylee	12 Sioux Center	21:39.81	9
10 Isakson, Molly	12 Sioux Center	21:54.40	10
11 Bruhn, Aslin	10 Sioux Center	22:15.29	11
12 Weaver, Claire	12 Forest City	22:15.59	12
13 Mohr, Alaina	09 Storm Lake	22:22.79	13
14 Sharp, Eva	09 Forest City	22:33.82	14
15 Sharp, Muren	11 Forest City	22:35.15	15
16 Beck, Ella	12 Spirit Lake	22:40.13	16
17 Dean, Charlotta	11 Sioux Center	22:41.35	17
18 Jepsen, Embrosia	09 Oa-Bcig	22:42.10	18
19 Reese, Sophia	12 Forest City	22:47.96	19
20 Reese, Makenna	09 Forest City	22:52.95	20
21 Cue, Hailey	12 Denison-Schleswig	23:00.42	21
22 Dodds, Zoey	09 Okoboji	23:02.30	22
23 Engleman, Mattie	08 George-LR-CL	23:03.29	23
24 Griffin, Khia	10 Spencer	23:05.15	24
25 Stratman, Gretchen	12 George-LR-CL	23:06.68	25
26 Sharp, Adah	09 Forest City	23:07.90	26
27 Aukes, Ashlee	12 Forest City	23:13.07	
28 Van Der Heide, Lauren	09 Spencer	23:15.19	27
29 Young, Taelen	09 Denison-Schleswig	23:18.84	28
30 Morey, Ava	12 Spencer	23:34.34	29
31 Robinson, Kylie	11 Sheldon	23:43.81	30
32 Walker, Abby	08 Cherokee	23:45.26	31
33 Chesney, Stella	09 Oa-Bcig	23:48.12	32
34 Thompson, Ainsley	08 Spirit Lake	23:55.99	33
35 Blume, Isabelle	10 Denison-Schleswig	23:58.29	34
36 Blaser, Brinley	10 Forest City	24:08.14	
37 Bygness, Monroe	10 Denison-Schleswig	24:08.79	35
38 Sharp, Carmen	12 Forest City	24:11.86	
39 Armstead, Hayden	11 Estherville-LC	24:17.43	36
40 Wilkie, Addyson	12 Cherokee	24:19.72	37
41 Henrickson, Harper	09 Estherville-LC	24:19.76	38
42 Altena, Rilyn	10 Sioux Center	24:23.90	39
43 Wasson, Ava	10 Okoboji	24:24.95	40
44 Vande Weerd, Jessa	11 George-LR-CL	24:29.97	41
45 Eggeling, Brylee	10 Denison-Schleswig	24:38.36	42
46 Antoine, Amara	09 Okoboji	24:49.89	43
47 Van Gorp, Sadie	10 Sioux Center	24:49.90	44
48 Eilts, Katie	12 Spencer	24:54.33	45
49 Schrum, Caroline	09 Denison-Schleswig	24:59.82	46
50 Bosch, Briley	09 George-LR-CL	24:59.93	47
51 Reinert, Payton	12 Cherokee	25:05.11	48
52 Pritchard, Anna	11 Spirit Lake	25:09.09	49
53 Yeoh, Josie	12 Cherokee	25:10.64	50
54 Davis, Lexi	12 George-LR-CL	25:16.33	51
55 Paulsen, Eliza	09 Sioux Center	25:17.13	

56 Titus, Tarynn	09 Storm Lake	25:22.83	52
57 Sturtevant, Addyson	10 Denison-Schleswig	25:37.19	53
58 Owen, Avery	09 Kuemper Catholic	25:39.32	54
59 Julia, Kaiser	09 Okoboji	25:39.51	55
60 Monier, Ava	10 Sheldon	25:40.69	56
61 Mellmann, Joselyn	09 Storm Lake	25:49.26	57
62 Krieg, Merceades	12 Spencer	25:52.33	
63 Leanos, Heydy	10 Denison-Schleswig	26:00.78	
64 Klaassen, Tess	11 Forest City	26:03.99	
65 DeHaan, Eilie	12 Sheldon	26:06.52	58
66 Thompson, Emie	12 Forest City	26:14.50	
67 Ivarson, Mina	09 Cherokee	26:19.45	59
68 Wedge, Lexi	09 Spirit Lake	26:21.15	60
69 Stickrod, Madison	11 Spencer	26:21.67	
70 Kluver, Aubrey	11 Forest City	26:23.82	
71 DeLeeuw, Carly	10 George-LR-CL	26:35.89	61
72 Perez, Alexandria	10 Denison-Schleswig	26:43.83	
73 Fowler, Sariah	10 Cherokee	26:44.61	62
74 Barroso, Alisson	12 Denison-Schleswig	26:45.99	
75 Kurrle, Elsa	12 George-LR-CL	27:03.40	
76 Greving, Shelby	12 Kuemper Catholic	27:13.23	63
77 Schneider, Parker	09 Estherville-LC	27:28.36	64
78 Nemitz, Ayvah	09 Denison-Schleswig	27:31.82	
79 Langholdt, Amber	12 George-LR-CL	27:35.78	
80 VanHorssen, Carly	12 Sioux Center	27:42.08	
81 Griffin, Kailyn	09 Spencer	27:44.86	
82 Zevalleta, Jordyn	09 Sioux Center	27:47.81	
83 Sandbulte, Bella	12 Okoboji	28:00.68	65
84 Ellis, Bo	12 Cherokee	28:01.52	66
85 Badtram, Ella	12 Cherokee	28:02.70	
86 Anderson, Eva	11 Cherokee	28:10.84	
87 Lauck, Madison	12 Cherokee	28:17.83	
88 Lehman, Lily	09 Sioux Center	28:35.09	
89 Schmidt, Emily	12 Spencer	28:35.94	
90 Mattox, Sophya	11 Estherville-LC	28:38.55	67
91 Lavender, Helen	12 Estherville-LC	28:38.69	68
92 Ludwig, Camryn	10 Oa-Bcig	28:47.98	69
93 Placencia, Vitoria	09 Storm Lake	28:54.33	70
94 Harris, Cecelia	12 Spirit Lake	29:02.48	71
95 Gravenish, Alexa	12 Cherokee	29:05.95	
96 Mouw, Dulcie	11 Sheldon	29:08.81	72
97 Ness, Kaylee	11 Spencer	29:18.85	
98 Schrick, Anna	12 George-LR-CL	29:21.98	
99 Reincke, Alyson	09 Kuemper Catholic	29:24.81	73
100 Seidl, Anna	11 Kuemper Catholic	29:26.66	74
101 Jiro, Jovyleen	09 Sheldon	29:29.64	75
102 Sterler, Kendalyn	11 Sheldon	29:31.05	76
103 Heithoff, Ella	10 Kuemper Catholic	30:19.86	77
104 Lee, Logan	12 Kuemper Catholic	30:21.99	78
105 Sandbulte, Claire	10 Okoboji	30:29.11	79
106 Downing, Ella	12 Okoboji	30:34.90	80
107 Garcia, Addison	12 Okoboji	30:47.77	
108 Pulscher, Ellea	12 George-LR-CL	30:55.09	
109 Leiva, Jennifer	11 Storm Lake	30:59.27	81
110 Garcia, Alexandra	10 Denison-Schleswig	31:00.04	
111 Schneider, Kyleigh	11 Estherville-LC	31:09.99	82
112 Owen, Hayley	10 Kuemper Catholic	31:25.72	
113 Bosch, Brooklyn	11 George-LR-CL	31:48.06	
114 Morgan, Melanie	09 Oa-Bcig	31:48.72	83
115 Wiese, Landyn	09 Denison-Schleswig	32:01.89	
116 Swartz, Alena	09 Cherokee	32:19.87	
117 Backman, Brooke	09 Storm Lake	32:25.32	84
118 Jacuinde-Mellado, Isari	10 Storm Lake	33:36.92	85
119 Perez, Camila	11 Storm Lake	34:20.19	
120 Busse, Kallie	11 Cherokee	35:13.31	

121 Simone, Annamaria	12 Okoboji	36:58.61	
Class B Results 5000 Run			
1 Baker, Hannah	08 Lawton Bronson	21:11.21	1
2 Hough, Kamryn	11 Graettinger-TRA	23:16.64	
3 Kreykes, Paisley	09 Sibley-Ocheyedan	23:18.14	2
4 Pohlen, Mya	12 Sibley-Ocheyedan	23:22.57	3
5 Reedy, Janey-Lynn	09 Emmetsburg	23:29.47	4
6 Marco, Aleah	11 Sibley-Ocheyedan	23:29.50	5
7 Renneker, Kara	12 Lake Mills	23:41.66	6
8 Heitritter, Lucy	10 Sibley-Ocheyedan	23:47.42	7
9 Odens, Gracie	10 Sibley-Ocheyedan	23:47.74	8
10 McKenna, Natalie	12 Lawton Bronson	23:49.82	9
11 Morton, Mya	11 Emmetsburg	24:13.25	10
12 Cummins, Alexis	12 North Union	24:14.71	
13 Thayer, Taylor	11 Emmetsburg	24:20.42	11
14 Delacruz, Viviana	10 Hartley Hms	24:42.61	
15 Sylvara, Kaylie	12 Lake Mills	25:27.76	12
16 Mesz, Kaylee	12 Lawton Bronson	25:32.72	13
17 Waldstein, Ryan	09 Sioux Central	25:46.60	14
18 O'Brien, Aubree	11 Lawton Bronson	25:50.21	15
19 Welbig, Alyssia	12 North Union	26:09.43	
20 Sangwin, Violet	11 Sioux Central	26:23.05	16
21 Wernimont, Lia	09 Sioux Central	26:33.01	17
22 Holtan, Tori	10 Lake Mills	26:51.26	18
23 Zelstra-Reedy, Bella	11 Emmetsburg	26:57.55	19
24 Biddle, Abby	10 Emmetsburg	26:58.98	20
25 Bloom, Karina	12 Sioux Central	27:04.00	21
26 Phillips, Sarah	11 Sioux Central	27:06.78	22
27 Erickson, Brooklyn	11 Hartley Hms	27:14.66	
28 Boynton, Delilah	10 Hartley Hms	27:24.75	
29 Johnson, Mikayla	11 Emmetsburg	27:35.42	23
30 Martens, Alexis	09 Sioux Central	27:41.19	24
31 Machin, Katie	10 Lake Mills	27:46.32	25
32 Juhl, Annika	12 Mmc-Ru HS	28:12.13	
33 Waldstein, Peyton	11 Sioux Central	28:17.38	26
34 Young, Lily	12 Lake Mills	28:18.05	27
35 Bay, Stella	09 Emmetsburg	28:37.87	28
36 Elbert, Rory	12 Emmetsburg	28:47.30	
37 Islas, Jaselyn	10 Lake Mills	28:53.21	29
38 Spenner, Faith	10 Mmc-Ru HS	28:57.44	
39 Halbur, Katelyn	09 Carroll	29:24.05	
40 Lewis, Makinley	11 Lawton Bronson	29:37.51	30
41 Dooley, Emmy	12 Emmetsburg	29:39.89	
42 Detlefsen, Molly	10 Harris-Lake Park	30:30.64	
43 Dirkx, Rebekah	09 Carroll	30:36.99	
44 Ellis, Abilene	09 Graettinger-TRA	30:39.20	
45 Vela, Gloria	09 Carroll	30:42.02	
46 Rouse, Lauren	11 Emmetsburg	31:01.32	
47 Schulz, Kylie	10 Lake Mills	31:48.04	31
48 Jones, Lexius	10 Sioux Central	32:16.68	
49 Sikora, Keylee	10 Emmetsburg	32:26.16	
50 Ellis, Victoria	11 Graettinger-TRA	32:51.24	
51 Morgin, Hope	09 Mmc-Ru HS	34:03.61	
52 Woods, Zephany	10 North Union	34:54.57	
53 Ingledue, Laylah	12 Lake Mills	35:02.98	
54 Thomsen, Maia	10 Sioux Central	35:03.98	
55 Doellinger, Rachel	11 Mmc-Ru HS	36:21.36	
56 Ingram, Nevayda	10 West Bend-Mallard	36:50.53	
57 Ellie, Pals	11 Hartley Hms	41:35.12	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Class B Results 5000 Run

1 Sibley-Ocheyedan	25	2	3	5	7	8		
Total Time: 1:57:45.37								
Average: 23:33.08								
2 Emmetsburg	64	4	10	11	19	20	23	28
Total Time: 2:05:59.67								
Average: 25:11.94								
3 Lawton Bronson	68	1	9	13	15	30		
Total Time: 2:06:01.47								
Average: 25:12.30								
4 Lake Mills	88	6	12	18	25	27	29	31
Total Time: 2:12:05.05								
Average: 26:25.01								
5 Sioux Central	90	14	16	17	21	22	24	26
Total Time: 2:12:53.44								
Average: 26:34.69								
Class A Results 5000 Run								
1 Sioux Center	48	1	9	10	11	17	39	44
Total Time: 1:49:03.12								
Average: 21:48.63								
2 Spencer	65	3	5	6	24	27	29	45
Total Time: 1:50:09.53								
Average: 22:01.91								
3 Forest City	68	8	12	14	15	19	20	26
Total Time: 1:51:48.01								
Average: 22:21.61								
4 George-LR-CL	138	2	23	25	41	47	51	61
Total Time: 1:56:40.30								
Average: 23:20.06								
5 Denison-Schleswig	160	21	28	34	35	42	46	53
Total Time: 1:59:04.70								
Average: 23:48.94								
6 Oa-Bcig	209	7	18	32	69	83		
Total Time: 2:08:37.45								
Average: 25:43.49								
7 Cherokee	225	31	37	48	50	59	62	66
Total Time: 2:04:40.18								
Average: 24:56.04								
8 Okoboji	225	22	40	43	55	65	79	80
Total Time: 2:05:57.34								
Average: 25:11.47								
9 Spirit Lake	229	16	33	49	60	71		
Total Time: 2:07:08.84								
Average: 25:25.77								
10 Kuemper Catholic	268	4	54	63	73	74	77	78
Total Time: 2:13:03.12								
Average: 26:36.63								
11 Estherville-LC	273	36	38	64	67	68	82	
Total Time: 2:13:22.79								
Average: 26:40.56								
12 Storm Lake	273	13	52	57	70	81	84	85
Total Time: 2:13:28.48								
Average: 26:41.70								
13 Sheldon	291	30	56	58	72	75	76	
Total Time: 2:14:09.47								
Average: 26:49.90								