

Metro Pentathlon 2026 - 9/3/2026**Results - Pentathlon****Event 1 Girls 50 Yard Freestyle**

Name	School	Finals Time	
1 Knispel, Madeline	LC	25.00	20
2 Sears, Halle	SPEN-IA	25.43	17
3 Paterson, Aubrey	SPEN-IA	25.87	16
4 Freeman, Natalie	SCM-IA	26.66	15
5 Freeman, Aria	SCM-IA	26.72	14
6 Laws, Aaliyah	SCM-IA	26.81	13
7 McFarland, Aubrey	SPEN-IA	26.83	12
8 Wittrock, Emerson	SPEN-IA	27.06	11
*9 Knispel, Elise	LC	27.10	8
*9 Rustwick, Rylee	SCM-IA	27.10	8
11 Stefanic, Danica	LC	27.41	6
12 Vogt, Ava	SPEN-IA	27.54	5
13 Schmidt, Maisy	SPEN-IA	27.63	4
14 Harder, Lily	SCM-IA	27.80	3
15 Cronin, Tensley	SPEN-IA	28.22	2
16 McCaw, Madison	LC	28.26	1
17 Wright, Mia	LC	28.32	
18 Delarosa, Natalie	SCM-IA	28.35	
19 Locky, Ainsley	LC	28.42	
20 Stuckey, Lauren	SPEN-IA	28.85	
21 Grimm, Ainsley	SPEN-IA	28.90	
22 Lee, Lauren	SPEN-IA	28.95	
23 Weston, Kaela	SPEN-IA	29.05	
24 Balk, Ruthie	SPEN-IA	29.15	
*25 Henson, Jade	SPEN-IA	29.42	
*25 Murray, Jillian	LC	29.42	
27 Quanbeck, Anna	SPEN-IA	29.65	
28 Bloom, Ellie	SPEN-IA	29.90	
29 Pyle, Alyssa	LC	29.92	
30 Ries, Ava	SPEN-IA	30.11	
31 Feauto, Alex	SCM-IA	30.14	
32 Schnackel, Anissa	LC	30.21	
33 Sears, Maggie	SPEN-IA	30.48	
34 Gruber, Lupita	LC	30.63	
35 Eby, Piper	SPEN-IA	30.71	
36 Tamisiea, Gemma	SPEN-IA	30.81	
37 Brown, Hallie	SPEN-IA	30.88	
38 Gabriel, Carlie	SCM-IA	31.32	
39 Harper, Riley	SPEN-IA	31.35	
40 Carter, Ellie	LC	31.38	
41 Leighton, Alivia	SCM-IA	31.50	
42 Black, Mckayla	SPEN-IA	31.83	
43 Buckendahl, Meleigha	SPEN-IA	32.15	
44 Riggs, Livianna	LC	32.54	
45 Schueller, Ava	SPEN-IA	32.56	
46 Roberts, Kinzley	SPEN-IA	32.61	
47 Haak, Josie	SPEN-IA	32.74	
48 Laursen, Kailee	SPEN-IA	32.88	
49 Andersen, Sully	SCM-IA	32.93	
50 Hoben, Riley	SPEN-IA	32.96	
51 Booker, Allison	LC	33.13	
52 Rohlena, Harper	SCM-IA	33.31	
53 Hall, Brooklyn	SPEN-IA	35.80	
54 Elsbecker, Brooklynn	SPEN-IA	36.91	
55 Neal, Bailey	LC	38.02	

56 Holtz, Kate SPEN-IA 48.02

Event 2 Girls 50 Yard Butterfly

Name	School	Finals Time	
1 Sears, Halle	SPEN-IA	27.72	20
2 Knispel, Elise	LC	27.97	17
3 Paterson, Aubrey	SPEN-IA	28.56	16
4 Knispel, Madeline	LC	28.68	15
5 Freeman, Natalie	SCM-IA	28.72	14
6 McFarland, Aubrey	SPEN-IA	28.75	13
7 Wittrock, Emerson	SPEN-IA	29.54	12
8 Stefanic, Danica	LC	29.89	11
9 Freeman, Aria	SCM-IA	30.09	9
10 Locky, Ainsley	LC	30.26	7
11 Harder, Lily	SCM-IA	30.74	6
12 Schnackel, Anissa	LC	31.17	5
13 Balk, Ruthie	SPEN-IA	31.20	4
14 McCaw, Madison	LC	31.33	3
15 Grimm, Ainsley	SPEN-IA	31.55	2
16 Cronin, Tensley	SPEN-IA	32.50	1
17 Henson, Jade	SPEN-IA	32.90	
18 Stuckey, Lauren	SPEN-IA	33.03	
19 Laws, Aaliyah	SCM-IA	33.39	
20 Delarosa, Natalie	SCM-IA	33.56	
21 Weston, Kaela	SPEN-IA	33.63	
22 Murray, Jillian	LC	33.92	
23 Rustwick, Rylee	SCM-IA	34.22	
24 Ries, Ava	SPEN-IA	34.31	
25 Tamisiea, Gemma	SPEN-IA	34.68	
26 Quanbeck, Anna	SPEN-IA	34.70	
27 Wright, Mia	LC	34.75	
28 Brown, Hallie	SPEN-IA	34.77	
29 Gabriel, Carlie	SCM-IA	34.91	
30 Schmidt, Maisy	SPEN-IA	35.19	
31 Black, Mckayla	SPEN-IA	35.47	
32 Carter, Ellie	LC	35.78	
33 Vogt, Ava	SPEN-IA	35.79	
34 Eby, Piper	SPEN-IA	36.33	
35 Gruber, Lupita	LC	36.59	
36 Sears, Maggie	SPEN-IA	36.92	
37 Bloom, Ellie	SPEN-IA	36.94	
38 Buckendahl, Meleigha	SPEN-IA	37.37	
39 Harper, Riley	SPEN-IA	37.70	
40 Andersen, Sully	SCM-IA	37.92	
41 Schueller, Ava	SPEN-IA	38.88	
42 Booker, Allison	LC	39.35	
43 Neal, Bailey	LC	39.85	
44 Leighton, Alivia	SCM-IA	40.99	
45 Roberts, Kinzley	SPEN-IA	41.43	
46 Haak, Josie	SPEN-IA	42.00	
47 Rohlena, Harper	SCM-IA	43.02	
48 Hoben, Riley	SPEN-IA	43.21	
49 Laursen, Kailee	SPEN-IA	43.61	
50 Feauto, Alex	SCM-IA	44.62	
51 Riggs, Livianna	LC	45.70	
52 Elsbecker, Brooklynn	SPEN-IA	54.44	

Metro Pentathlon 2026 - 9/3/2026**Results - Pentathlon**

Event 3 Girls 50 Yard Backstroke					56 Holtz, Kate	SPEN-IA	55.52
Name	School	Finals Time			Event 4 Girls 50 Yard Breaststroke		
					Name	School	Finals Time
1 Sears, Halle	SPEN-IA	29.04	20		1 Pyle, Alyssa	LC	23.78 20
2 Knispel, Madeline	LC	29.22	17		2 Buckendahl, Meleigha	SPEN-IA	24.60 17
*3 Knispel, Elise	LC	29.56	15.5		3 Laursen, Kailee	SPEN-IA	29.35 16
*3 Wittrock, Emerson	SPEN-IA	29.56	15.5		4 Rohlena, Harper	SCM-IA	30.64 15
5 Freeman, Natalie	SCM-IA	29.96	14		5 Haak, Josie	SPEN-IA	31.37 14
6 Freeman, Aria	SCM-IA	31.00	13		6 Sears, Halle	SPEN-IA	32.35 13
7 McFarland, Aubrey	SPEN-IA	31.01	12		7 Knispel, Madeline	LC	33.09 12
8 Rustwick, Rylee	SCM-IA	31.62	11		8 Paterson, Aubrey	SPEN-IA	34.90 11
9 Paterson, Aubrey	SPEN-IA	31.87	9		9 McCaw, Madison	LC	35.23 9
10 Harder, Lily	SCM-IA	32.17	7		10 Knispel, Elise	LC	35.36 7
11 Stefanic, Danica	LC	32.20	6		11 Freeman, Aria	SCM-IA	35.41 6
12 Laws, Aaliyah	SCM-IA	32.88	5		12 Ries, Ava	SPEN-IA	36.08 5
13 Stuckey, Lauren	SPEN-IA	33.31	4		13 Freeman, Natalie	SCM-IA	36.15 4
14 Delarosa, Natalie	SCM-IA	33.32	3		14 Sears, Maggie	SPEN-IA	36.27 3
15 Balk, Ruthie	SPEN-IA	33.54	2		15 Grimm, Ainsley	SPEN-IA	36.33 2
16 Schnackel, Anissa	LC	33.95	1		16 McFarland, Aubrey	SPEN-IA	36.65 1
17 Wright, Mia	LC	34.27			17 Henson, Jade	SPEN-IA	36.80
18 Schmidt, Maisy	SPEN-IA	34.33			18 Rustwick, Rylee	SCM-IA	37.83
19 Quanbeck, Anna	SPEN-IA	34.49			19 Stefanic, Danica	LC	37.88
20 Andersen, Sully	SCM-IA	34.63			20 Quanbeck, Anna	SPEN-IA	37.94
21 Black, Mckayla	SPEN-IA	35.42			21 Bloom, Ellie	SPEN-IA	37.96
22 Weston, Kaela	SPEN-IA	35.48			22 Schnackel, Anissa	LC	38.09
23 McCaw, Madison	LC	36.23			23 Laws, Aaliyah	SCM-IA	38.18
24 Cronin, Tensley	SPEN-IA	36.41			24 Weston, Kaela	SPEN-IA	38.19
25 Grimm, Ainsley	SPEN-IA	36.42			25 Stuckey, Lauren	SPEN-IA	38.37
26 Brown, Hallie	SPEN-IA	36.83			26 Cronin, Tensley	SPEN-IA	38.84
27 Vogt, Ava	SPEN-IA	37.13			27 Harder, Lily	SCM-IA	39.18
28 Henson, Jade	SPEN-IA	37.25			28 Wittrock, Emerson	SPEN-IA	39.40
29 Gruber, Lupita	LC	37.54			29 Delarosa, Natalie	SCM-IA	39.42
30 Schueller, Ava	SPEN-IA	37.60			30 Locky, Ainsley	LC	39.45
31 Locky, Ainsley	LC	38.48			31 Feauto, Alex	SCM-IA	39.88
32 Carter, Ellie	LC	38.53			32 Brown, Hallie	SPEN-IA	40.34
33 Pyle, Alyssa	LC	38.60			33 Carter, Ellie	LC	40.59
34 Gabriel, Carlie	SCM-IA	38.96			34 Wright, Mia	LC	40.71
35 Murray, Jillian	LC	39.05			35 Eby, Piper	SPEN-IA	40.78
36 Sears, Maggie	SPEN-IA	39.18			36 Tamisiea, Gemma	SPEN-IA	41.23
37 Ries, Ava	SPEN-IA	39.31			37 Schueller, Ava	SPEN-IA	41.25
38 Bloom, Ellie	SPEN-IA	39.53			38 Schmidt, Maisy	SPEN-IA	41.31
39 Haak, Josie	SPEN-IA	40.24			39 Murray, Jillian	LC	41.60
40 Tamisiea, Gemma	SPEN-IA	40.35			40 Vogt, Ava	SPEN-IA	41.71
41 Roberts, Kinzley	SPEN-IA	40.85			41 Gruber, Lupita	LC	43.50
42 Buckendahl, Meleigha	SPEN-IA	40.98			*42 Leighton, Alivia	SCM-IA	44.13
43 Neal, Bailey	LC	41.54			*42 Hoben, Riley	SPEN-IA	44.13
44 Feauto, Alex	SCM-IA	41.69			44 Gabriel, Carlie	SCM-IA	44.17
45 Laursen, Kailee	SPEN-IA	42.61			45 Neal, Bailey	LC	44.61
46 Rohlena, Harper	SCM-IA	43.12			46 Riggs, Livianna	LC	44.85
47 Booker, Allison	LC	43.38			47 Roberts, Kinzley	SPEN-IA	45.71
48 Hall, Brooklyn	SPEN-IA	43.47			48 Harper, Riley	SPEN-IA	47.51
49 Hoben, Riley	SPEN-IA	43.71			49 Andersen, Sully	SCM-IA	47.87
50 Harper, Riley	SPEN-IA	43.72			50 Miller, Briley	SCM-IA	50.34
51 Eby, Piper	SPEN-IA	43.81			51 Black, Mckayla	SPEN-IA	50.98
52 Leighton, Alivia	SCM-IA	43.97			52 Booker, Allison	LC	52.81
53 Riggs, Livianna	LC	46.67			53 Elsbecker, Brooklynn	SPEN-IA	52.83
54 Miller, Briley	SCM-IA	48.28					
55 Elsbecker, Brooklynn	SPEN-IA	55.06					

Metro Pentathlon 2026 - 9/3/2026

Results - Pentathlon

Event 5 Girls 100 Yard IM								
Name	School	Finals Time						
1 Sears, Halle	SPEN-IA	1:02.73	20		28 Murray, Jillian	LC	1:18.30	
29.00 33.73					37.08 41.22			
2 Knispel, Elise	LC	1:03.90	17		29 Bloom, Ellie	SPEN-IA	1:19.95	
29.02 34.88					39.56 40.39			
3 Knispel, Madeline	LC	1:04.56	16		30 Sears, Maggie	SPEN-IA	1:20.76	
29.84 34.72					39.74 41.02			
4 Freeman, Aria	SCM-IA	1:05.80	15		31 Tamisiea, Gemma	SPEN-IA	1:20.77	
30.38 35.42					38.49 42.28			
5 Freeman, Natalie	SCM-IA	1:07.04	14		32 Gruber, Lupita	LC	1:21.07	
30.25 36.79					36.44 44.63			
6 Paterson, Aubrey	SPEN-IA	1:07.45	13		33 Eby, Piper	SPEN-IA	1:21.83	
31.87 35.58					39.70 42.13			
7 McFarland, Aubrey	SPEN-IA	1:09.41	12		34 Gabriel, Carlie	SCM-IA	1:22.14	
29.69 39.72					36.45 45.69			
8 Wittrock, Emerson	SPEN-IA	1:09.78	11		35 Feauto, Alex	SCM-IA	1:22.95	
30.86 38.92					42.06 40.89			
9 Rustwick, Rylee	SCM-IA	1:10.38	9		36 Andersen, Sully	SCM-IA	1:24.35	
32.26 38.12					36.93 47.42			
10 Harder, Lily	SCM-IA	1:10.63	7		37 Neal, Bailey	LC	1:25.93	
32.39 38.24					39.13 46.80			
11 Stefanic, Danica	LC	1:11.62	6		38 Harper, Riley	SPEN-IA	1:26.29	
33.04 38.58					40.15 46.14			
12 Delarosa, Natalie	SCM-IA	1:12.23	5		39 Carter, Ellie	LC	1:26.38	
34.22 38.01					36.96 49.42			
13 McCaw, Madison	LC	1:12.39	4		40 Schueller, Ava	SPEN-IA	1:26.66	
33.31 39.08					41.04 45.62			
14 Laws, Aaliyah	SCM-IA	1:12.66	3		41 Leighton, Alivia	SCM-IA	1:27.27	
33.71 38.95					45.34 41.93			
15 Weston, Kaela	SPEN-IA	1:13.18	2		42 Black, Mckayla	SPEN-IA	1:27.33	
33.71 39.47					37.12 50.21			
16 Henson, Jade	SPEN-IA	1:13.39	1		43 Roberts, Kinzley	SPEN-IA	1:28.12	
35.38 38.01					42.01 46.11			
17 Cronin, Tensley	SPEN-IA	1:13.84			44 Buckendahl, Meleigha	SPEN-IA	1:29.38	
34.30 39.54					41.27 48.11			
18 Stuckey, Lauren	SPEN-IA	1:13.96			45 Haak, Josie	SPEN-IA	1:30.95	
32.94 41.02					41.25 49.70			
19 Schnackel, Anissa	LC	1:14.15			46 Hoben, Riley	SPEN-IA	1:31.42	
34.10 40.05					44.84 46.58			
20 Locky, Ainsley	LC	1:15.30			47 Rohlena, Harper	SCM-IA	1:31.46	
34.04 41.26					43.70 47.76			
21 Grimm, Ainsley	SPEN-IA	1:16.19			48 Riggs, Livianna	LC	1:32.23	
34.76 41.43					43.27 48.96			
22 Quanbeck, Anna	SPEN-IA	1:16.30			49 Laursen, Kailee	SPEN-IA	1:33.82	
35.56 40.74					45.65 48.17			
23 Wright, Mia	LC	1:16.38			50 Elsbecker, Brooklynn	SPEN-IA	1:48.04	
33.87 42.51					54.18 53.86			
24 Schmidt, Maisy	SPEN-IA	1:17.17						
35.66 41.51								
25 Ries, Ava	SPEN-IA	1:17.23						
36.10 41.13								
26 Brown, Hallie	SPEN-IA	1:17.48						
36.02 41.46								
27 Vogt, Ava	SPEN-IA	1:18.13						
35.93 42.20								

Scores - Women

Women - Team Rankings - Through Event 5	
1. Spencer Girls Swimming	338.5
2. Lewis Central	223.5
3. Sioux City Metro	213