

Unity CO-ED Invite 2026 - 4/13/2026

De Valois Stadium

Results - Unity Co-Ed

**Girls 100 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Tooker, Kaleigh	Moc-Fv	12.87 10
2 Meyer, Riley	Okoboji, Mil	13.49 8
3 Avery, Alivia	Okoboji, Mil	13.64 6
4 McCoy, Zoe	Storm Lake	14.17 4
5 Ebel, Keely	Hm-Sanborn	14.27 2
6 Ten Napel, Hailey	W Sioux Hwar	14.42 1
7 Sikkema, Kaelyn	Unity Chrst,	14.49
8 Otto, Moriah	Hm-Sanborn	14.50
9 Blackfish, Arayah	Whiting	14.70
10 Wrather, Isabella	Moc-Fv	14.75
11 Van Roekel, Brenna	Unity Chrst,	14.76
12 Fredricksen, Aliah	Whiting	14.97
13 Chanthapangna, Melanie	Storm Lake	15.01
14 Zwart, Alexis	W Sioux Hwar	16.22
15 Wallenburg, Mya	Western Chri	16.23
16 Leloux, Alison	Western Chri	16.29

**Girls 200 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Tooker, Kaleigh	Moc-Fv	26.55 10
2 Hoegh, Brielle	Moc-Fv	27.94 8
3 Ebel, Keely	Hm-Sanborn	29.08 6
4 Leman, Adalee	Okoboji, Mil	29.77 4
5 Hulshof, Cheyenne	Unity Chrst,	30.35 2
6 Stainbrook, Keira	W Sioux Hwar	30.59 1
7 Schmillen, Lexi	Hm-Sanborn	31.26
8 Neavin, Kenadie	Okoboji, Mil	31.44
9 Vis, Joslyn	Unity Chrst,	31.53
10 Fredricksen, Aliah	Whiting	31.83
11 Chanthapangna, Melanie	Storm Lake	31.92
12 Xiong, Kaitlyn	Storm Lake	32.71
13 Blackfish, Arayah	Whiting	33.27
14 Leloux, Alison	Western Chri	33.59
15 Zwart, Alexis	W Sioux Hwar	34.10

**Girls 400 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Wipf, Brynley	Okoboji, Mil	1:06.98 10
2 Brommer, Millie	Unity Chrst,	1:07.37 8
3 Ochoa, Zaida	Sibley-Ochey	1:08.83 6
4 Jacuinde-Mellado, Isari	Storm Lake	1:11.71 4
5 Henning, Presley	Sibley-Ochey	1:13.84 2
6 Kalin, Kaidence	Whiting	1:16.82 1
7 Dolphin, Kynlee	Hm-Sanborn	1:30.88

**Girls 800 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Anderson, Natalie	Moc-Fv	2:18.66 10
2 Dekkers, Kambrie	Unity Chrst,	2:28.78 8

3 Young, Katie	Unity Chrst,	2:30.41 6
4 Marco, Aleah	Sibley-Ochey	2:33.23 4
5 Immecker, Eva	Moc-Fv	2:38.70 2
6 Mitchell, Rylee	Okoboji, Mil	2:39.96 1
7 Van't Hul, Addi	Western Chri	2:40.80
8 Mitchell, Jordyn	Okoboji, Mil	2:42.53
9 Kampbell, Silvia	Storm Lake	2:43.97
10 Kenkel, Grace	Storm Lake	2:48.10
11 Erickson, Brooklyn	Hm-Sanborn	3:11.83

**Girls 1500 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Kampbell, Silvia	Storm Lake	5:21.58 10
2 Lassen, Kienna	Moc-Fv	5:34.28 8
3 Odens, Gracie	Sibley-Ochey	5:45.79 6
4 Haverdink, Rachel	Moc-Fv	5:46.39 4
5 Weston, Kaela	Okoboji, Mil	5:57.89 2
6 Dahlhauser, Maggie	Storm Lake	6:00.37 1
7 Delacruz, Viviana	Hm-Sanborn	6:01.52
8 Van Grouw, Kate	Unity Chrst,	6:05.38
9 TeKrony, Elena	Unity Chrst,	6:15.26
10 Hoogendoorn, Haylee	Western Chri	6:20.63
11 Heitritter, Lucy	Sibley-Ochey	6:25.62
12 Gravert, Hailey	Okoboji, Mil	6:27.65
13 Kroese, Sophia	Western Chri	6:27.93
14 Diaz, Jessica	Hm-Sanborn	7:53.51

**Girls 3000 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Tracy, Teagan	Moc-Fv	11:23.45 10
2 Kampbell, Silvia	Storm Lake	11:27.77 8
3 Haverdink, Rachel	Moc-Fv	12:21.42 6
4 Dahlhauser, Maggie	Storm Lake	13:09.86 4

**Girls 100 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Hoegh, Brielle	Moc-Fv	16.01 10
2 Larsen, McKenzie	Okoboji, Mil	16.72 8
3 Verschuure, Maggie	Moc-Fv	16.76 6
4 Sayler, Grace	Sibley-Ochey	18.18 4
5 Newton, Lily	Okoboji, Mil	18.29 2
6 Vis, Joslyn	Unity Chrst,	18.57 1
7 Hulshof, Cheyenne	Unity Chrst,	18.80
8 Marco, Lillie	Sibley-Ochey	19.05
9 Hengeveld, Jenna	Hm-Sanborn	20.59
10 Diaz, Jessica	Hm-Sanborn	22.13
11 Chanthavong, Ayviana	Storm Lake	22.18
12 Xiong, Kaitlyn	Storm Lake	22.88

**Girls 400 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Gacke, Hailey	Sibley-Ochey	1:09.46 10

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**Finals ... (Girls 400 Meter Hurdles Varsity)**

Name	School	Finals
2 Larsen, McKenzie	Okoboji, Mil	1:11.02 8
3 Pohlen, Mya	Sibley-Ochey	1:14.67 6
4 Newton, Lily	Okoboji, Mil	1:23.53 4
5 Hengeveld, Jenna	Hm-Sanborn	1:28.96 2

**Girls 4x100 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	51.87 10
1) Netten, Ellia	2) Hoegh, Brielle	
3) Verschuure, Maggie	4) Tooker, Kaleigh	
2 Okoboji, Milford	A	52.52 8
1) Avery, Alivia	2) Leman, Grace	
3) Larsen, McKenzie	4) Meyer, Riley	
3 Hm-Sanborn	A	54.99 6
1) Vargas, Laura	2) Ebel, Keely	
3) Mutombo, Pamela	4) Otto, Moriah	
4 Storm Lake	A	55.83 4
1) DeHaan, Avery	2) DeHaan, Reagan	
3) McCoy, Kamryn	4) McCoy, Zoe	
5 Unity Chrst, OC	A	57.65 2
1) Hulshof, Cheyenne	2) Vis, Joslyn	
3) Schaap, Abby	4) Sikkema, Kaelyn	
6 W Sioux Hwardn	A	57.90 1
1) Waterman, Raelyn	2) Van Wyhe, Addilyn	
3) Stainbrook, Keira	4) Ten Napel, Hailey	
7 Western Christ	A	1:02.34
1) Bakker, Jasmine	2) Wallenburg, Mya	
3) Kamstra, Lilly	4) Moerman, Reese	

**Girls 4x200 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Okoboji, Milford	A	1:50.49 10
1) Avery, Alivia	2) Larsen, McKenzie	
3) Leman, Adalee	4) Meyer, Riley	
2 Moc-Fv	A	1:56.11 8
1) Netten, Ellia	2) Van Zee, Sarae	
3) Van Zee, Eliana	4) Gilmore, Beau	
3 Western Christ	A	1:56.34 6
1) Dykstra, Avery	2) Kamstra, Lilly	
3) Groeneweg, Paisley	4) Van't Hul, Kennedy	
4 Hm-Sanborn	A	1:56.84 4
1) Vargas, Laura	2) Mutombo, Pamela	
3) Boynton, Delilah	4) Ebel, Keely	
5 Storm Lake	A	1:59.79 2
1) DeHaan, Avery	2) DeHaan, Reagan	
3) McCoy, Kamryn	4) McCoy, Zoe	
6 W Sioux Hwardn	A	1:59.92 1
1) Waterman, Raelyn	2) Van Wyhe, Addilyn	
3) Stainbrook, Keira	4) Ten Napel, Hailey	
7 Unity Chrst, OC	A	2:02.11
1) Schaap, Abby	2) Meerdink, McKenna	
3) Van Beek, Autumn	4) Sikkema, Kaelyn	

**Girls 4x400 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Unity Chrst, OC	A	4:20.87 10
1) Dekkers, Kambrie	2) Brommer, Millie	
3) Young, Katie	4) Landman, Ava	
2 Western Christ	A	4:24.00 8
1) Dykstra, Avery	2) Groeneweg, Paisley	
3) Van't Hul, Kennedy	4) Van't Hul, Addi	
3 Sibley-Ocheyedan	A	4:24.33 6
1) Childs, Riley	2) Gacke, Hailey	
3) Pohlen, Mya	4) Marco, Aleah	
4 Moc-Fv	A	4:28.95 4
1) Immecker, Eva	2) Anderson, Natalie	
3) Tooker, Kaleigh	4) Van Zee, Eliana	
5 Okoboji, Milford	A	4:49.33 2
1) Mitchell, Jordyn	2) Mitchell, Rylee	
3) Wipf, Brynley	4) Weston, Kaela	
6 Storm Lake	A	5:12.62 1
1) Jacuinde-Mellado, Isari	2) Medina, Maria	
3) Felton, Avery	4) Rodriguez, Jade	
7 Hm-Sanborn	A	5:21.70
1) Baynton, Delilah	2) Dolphin, Kynlee	
3) Vogt, Ava	4) Erickson, Brooklyn	

**Girls 4x800 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Unity Chrst, OC	A	10:28.46 10
1) Van Grouw, Kate	2) Brommer, Millie	
3) Dekkers, Kambrie	4) Young, Katie	
2 Western Christ	A	10:30.81 8
1) De Jager, Maddyn	2) Van't Hul, Kennedy	
3) Hoogendoorn, Haylee	4) Kroese, Sophia	
3 Moc-Fv	A	10:40.44 6
1) Anderson, Natalie	2) Lassen, Kienna	
3) Vaas, Elizabeth	4) Gutierrez, Adriana	
4 Sibley-Ocheyedan	A	10:42.30 4
1) Childs, Riley	2) Heitritter, Lucy	
3) Ochoa, Zaida	4) Marco, Aleah	
5 Okoboji, Milford	A	11:16.09 2
1) Wipf, Brynley	2) Wasson, Ava	
3) Gravert, Hailey	4) Mitchell, Rylee	
6 Storm Lake	A	12:54.88 1
1) Jacuinde-Mellado, Isari	2) Leiva, Jennifer	
3) Perez Zavala, Camilla	4) Rodriguez, Jade	

**Girls 800 Sprint Medley Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	2:00.08 10
1) Netten, Ellia	2) Gilmore, Beau	
3) Van Zee, Sarae	4) Immecker, Eva	

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**Finals ... (Girls 800 Sprint Medley Varsity)**

Team	Relay	Finals
2 Sibley-Ocheyedan	A	2:00.67 8
1) Sayler, Grace	2) Marco, Lillie	
3) Childs, Riley	4) Gacke, Hailey	
3 Okoboji, Milford	A	2:03.37 6
1) Neavin, Kenadie	2) Leman, Adalee	
3) Avery, Ava	4) Mitchell, Jordyn	
4 W Sioux Hwardn	A	2:04.23 4
1) Waterman, Raelyn	2) Van Wyhe, Addilyn	
3) Stainbrook, Keira	4) Ten Napel, Hailey	
5 Storm Lake	A	2:05.59 2
1) McCoy, Zoe	2) McCoy, Kamryn	
3) DeHaan, Reagan	4) DeHaan, Avery	
6 Unity Chrst, OC	A	2:08.11 1
1) Sikkema, Kaelyn	2) Van Roekel, Brenna	
3) Landman, Ava	4) Van Beek, Autumn	
7 Western Christ	A	2:18.26
1) Dykstra, Avery	2) Bakker, Jasmine	
3) De Jager, Maddyn	4) Van't Hul, Addi	
8 Hm-Sanborn	A	2:18.85
1) Surber, Mallory	2) Overmire, Ruby	
3) Rodriguez, Thalia	4) Boynton, Delilah	

**Girls Distance Medley Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	4:48.27 10
1) Budden, Keira	2) Hoekstra, Emily	
3) Haverdink, Rachel	4) Tracy, Teagan	
2 Sibley-Ocheyedan	A	4:57.08 8
1) Childs, Riley	2) Pohlen, Mya	
3) Heitritter, Lucy	4) Odens, Gracie	
3 Okoboji, Milford	A	4:58.27 6
1) Leman, Grace	2) Tamisiea, Gemma	
3) Avery, Ava	4) Weston, Kaela	
4 Hm-Sanborn	A	5:09.17 4
1) Boynton, Delilah	2) Rodriguez, Thalia	
3) Vogt, Ava	4) Delacruz, Viviana	
5 Storm Lake	A	5:15.25 2
1) Xiong, Kaitlyn	2) Chanthapangna, Melanie	
3) Kenkel, Grace	4) Dahlhauser, Maggie	

**Girls 4x100 Meter Shuttle Hurdle Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	1:10.53 10
1) Vander Ploeg, Karli	2) Hoekstra, Emily	
3) Hoegh, Brielle	4) Verschuure, Maggie	
2 Sibley-Ocheyedan	A	1:14.13 8
1) Sayler, Grace	2) Marco, Lillie	
3) Pohlen, Mya	4) Gacke, Hailey	

**Girls High Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Hulshof, Cheyenne	Unity Chrst,	5-01.00 10
2 Kamstra, Lilly	Western Chri	5-00.00 8
3 Chanthapangna, Melanie	Storm Lake	4-10.00 5
3 Van't Hul, Kennedy	Western Chri	4-10.00 5
5 Fredricksen, Aliah	Whiting	4-06.00 2

**Girls Long Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Fredricksen, Aliah	Whiting	15-00.50 10
2 Kamstra, Lilly	Western Chri	14-08.00 8
3 Vargas, Laura	Hm-Sanborn	14-01.00 6
4 Blackfish, Arayah	Whiting	13-10.00 4
5 Moerman, Reese	Western Chri	12-07.50 2
6 Calderon-Gonzalez, Alexandr	Storm Lake	10-09.50 1

**Girls Shot Put Varsity**

Name	School	Finals
<b>Finals</b>		
1 Schrock, Miya	Unity Chrst,	42-04.00 10
2 Vander Pol, Kyra	Western Chri	37-06.00 8
3 Wallinga, Abby	Moc-Fv	36-08.50 6
4 Bundt, Evelyn	Moc-Fv	34-10.00 4
5 Gates, Jennesa	Okoboji, Mil	31-08.75 2
6 Blik, Bentley	Western Chri	29-09.00 1
7 Wilson, Cammy	Hm-Sanborn	28-05.25
8 Scholten, Dana	Unity Chrst,	27-04.25
9 Htoo, Baw	Storm Lake	26-02.50
10 Sayler, Grace	Sibley-Ochey	26-01.00
11 Derner, Danica	Okoboji, Mil	26-00.00
12 Franco, Salissa	W Sioux Hwar	25-11.25
13 Hensch, Ava	Sibley-Ochey	25-04.00
14 Rodriguez, Paulina	W Sioux Hwar	24-04.75
15 Maliszewski, Emerson	Whiting	17-05.50

**Girls Discus Throw Varsity**

Name	School	Finals
<b>Finals</b>		
1 Schrock, Miya	Unity Chrst,	117-09 10
2 Tinklenberg, Daylea	Unity Chrst,	117-02 8
3 Wallinga, Abby	Moc-Fv	111-09 6
4 Kenkel, Grace	Storm Lake	111-05 4
5 Bundt, Evelyn	Moc-Fv	101-00 2
6 Vander Pol, Kyra	Western Chri	100-07 1
7 Blik, Bentley	Western Chri	95-09
8 Derner, Danica	Okoboji, Mil	95-08
9 Gates, Jennesa	Okoboji, Mil	82-04
10 Wilson, Cammy	Hm-Sanborn	76-09
11 Rodriguez, Paulina	W Sioux Hwar	73-09
12 Htoo, Baw	Storm Lake	71-07
13 Franco, Salissa	W Sioux Hwar	66-07
14 Hensch, Ava	Sibley-Ochey	51-04

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**Finals ... (Girls Discus Throw Varsity)**

Name	School	Finals
15 Maliszewski, Emerson	Whiting	48-02

**Girls High Jump Junior Varsity**

Name	School	Finals
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**Finals**

1 Moerman, Reese	Western Chri	4-06.00
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**Girls Long Jump Junior Varsity**

Name	School	Finals
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**Finals**

1 Bakker, Jasmine	Western Chri	15-01.50
2 Leloux, Alison	Western Chri	11-11.25
3 Jaramillo, Aileen	Storm Lake	11-00.00

**Girls Shot Put Junior Varsity**

Name	School	Finals
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**Finals**

1 Simmelink, Hazel	Moc-Fv	32-02.00
2 Weber, Emma	Moc-Fv	30-03.75
3 Wallinga, Allison	Moc-Fv	x27-04.75
4 Veenstra, Natalie	Western Chri	26-08.75
5 Scholten, Jenna	Unity Chrst,	26-02.00
6 Dykstra, Kaylee	Unity Chrst,	25-05.75
7 Habben, Aftyn	Western Chri	25-05.00
8 Kraninger, Kaitlyn	Okobojo, Mil	24-10.00
9 Moreau, Arielle	Unity Chrst,	x20-07.75
10 Wielenga, Tabitha	Unity Chrst,	x20-07.25
11 Dodge, Aubrey	Hm-Sanborn	18-10.00
12 Bleeker, Ella	Hm-Sanborn	17-09.00
13 Van Wyk, Kayla	W Sioux Hwar	12-01.75

**Girls Discus Throw Junior Varsity**

Name	School	Finals
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**Finals**

1 Weber, Emma	Moc-Fv	103-07
2 Wallinga, Allison	Moc-Fv	88-01
3 Simmelink, Hazel	Moc-Fv	x83-08
4 Vander Ziel, Brindy	Western Chri	76-07
5 Dykstra, Kaylee	Unity Chrst,	75-06
6 Moreau, Arielle	Unity Chrst,	65-10
7 Kraninger, Kaitlyn	Okobojo, Mil	65-07
8 Wielenga, Tabitha	Unity Chrst,	x62-02
9 Scholten, Jenna	Unity Chrst,	x56-09
10 Scholten, Dana	Unity Chrst,	x52-00
11 Pal, Nyeziel	Storm Lake	48-10
11 Dodge, Aubrey	Hm-Sanborn	48-10
13 Habben, Aftyn	Western Chri	45-09
14 Bleeker, Ella	Hm-Sanborn	39-08
15 Van Wyk, Kayla	W Sioux Hwar	38-04

**Boys 100 Meter Dash Varsity**

Name	School	Finals
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**Finals**

1 Weno, Garbieno	Storm Lake	11.25 10
2 Junius, Zekiel	Unity Chrst,	11.41 8

3 Kleinhesselink, Hudson	Moc-Fv	11.48 6
4 Marco, Dominic	Sibley-Ochey	11.52 4
5 Grotluschen, Caleb	Hm-Sanborn	11.69 2
6 Lopez, Braylon	W Sioux Hwar	11.81 1
7 Heilman, Luke	Sibley-Ochey	11.82
8 Wolf, Lincoln	Okobojo, Mil	11.99
9 Chaiyawong, Sitah	Storm Lake	12.05
10 Reinke, Jordan	Unity Chrst,	12.20
11 Mulhern, Mitchel	Okobojo, Mil	12.22
12 Samuels, Grantley	Moc-Fv	12.23
13 DeJong, Mattias	Western Chri	12.56
14 Collazo, Dereck	Whiting	12.80
15 de Winnaar, Righardt	Hm-Sanborn	12.83
16 Bergman, Zane	Whiting	12.90
17 Boddie, Niko	Western Chri	14.22

**Boys 200 Meter Dash Varsity**

Name	School	Finals
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**Finals**

1 Van Zee, Albear	Moc-Fv	22.59 10
2 William, David	Storm Lake	24.16 8
3 Brands, Gavin	Western Chri	24.37 6
4 Wynia, Josiah	Unity Chrst,	24.42 4
5 Wolf, Lincoln	Okobojo, Mil	24.43 2
6 Yanga, Timothy	Storm Lake	24.67 1
7 Kauffman, Hunter	Sibley-Ochey	24.80
8 Wingate, Tristen	Sibley-Ochey	25.89
9 Schierholz, Isaac	Hm-Sanborn	26.17
10 Vogt, Jackson	Hm-Sanborn	26.66
11 Vissler, Camden	Western Chri	26.72
12 Collazo, Dereck	Whiting	27.16
13 Mouw, Austin	Unity Chrst,	27.53
--- Smit, Asaiah	Moc-Fv	X25.79

**Boys 400 Meter Dash Varsity**

Name	School	Finals
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**Finals**

1 Weno, Garbieno	Storm Lake	50.47 10
2 Foreman, James	Unity Chrst,	50.56 8
3 Foreman, Carson	Unity Chrst,	51.36 6
4 Vos, Carter	Sibley-Ochey	54.26 4
5 Kreykes, Dawson	Sibley-Ochey	58.37 2
6 Moeller, Isaiah	Moc-Fv	59.42 1
7 Smit, Asaiah	Moc-Fv	1:00.45
8 Jacobsen, Asa	Okobojo, Mil	1:01.32
9 Johnson, Bode	Storm Lake	1:01.94
10 Dolphin, Carter	Hm-Sanborn	1:02.36
11 Dolphin, Hayden	Hm-Sanborn	1:07.19
12 Tantsura, D.	Western Chri	1:09.38
13 Mora, Chris	W Sioux Hwar	1:13.15
14 Rich, Isaac	Whiting	1:16.87
15 Johnson, Curtis	W Sioux Hwar	1:23.64

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**Boys 800 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Fear, Tyson	Okoboji, Mil	2:08.18 10
2 Kleinwolterink, Eric	Sibley-Ochey	2:09.06 8
3 Monroe, Calum	Unity Chrst,	2:13.30 6
4 Kampbell, Heath	Storm Lake	2:13.63 4
5 Smith, Carson	Western Chri	2:15.36 2
6 Masters, Beckett	Moc-Fv	2:17.41 1
7 Bailey, Benjamin	Unity Chrst,	2:18.90
8 Nitchals, Cruz	Okoboji, Mil	2:19.44
9 Wolfswinkel, Elias	Western Chri	2:22.20
10 Harder, Ted	Storm Lake	2:22.50
11 Ver Steeg, Aiden	Sibley-Ochey	2:23.52
12 Buhmann, John	Hm-Sanborn	2:40.67
13 Buhmann, Joe	Hm-Sanborn	2:54.36

**Boys 800 Meter Run Wheelchair Varsity**

Name	School	Finals
<b>Finals</b>		
1 De Koster, Titus	Moc-Fv	3:18.33

**Boys 1600 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Ramirez-Parra, Joel	Storm Lake	4:49.06 10
2 Hummel, Isaac	Moc-Fv	4:49.50 8
3 Ortega, Alexander	Storm Lake	5:02.43 6
4 Phinney, William	Unity Chrst,	5:05.67 4
5 Boone, Cooper	Okoboji, Mil	5:13.13 2
6 Roetman, Benjamin	Moc-Fv	5:15.02 1
7 Weston, Ethan	Okoboji, Mil	5:23.08
8 Breems, William	Unity Chrst,	5:25.74
9 Wieringa, Eddie	Western Chri	5:40.80
10 Stepantsov, Bohdan	Western Chri	5:52.77
11 Boynton, Dylan	Hm-Sanborn	5:59.73
12 Rich, Isaac	Whiting	6:37.15
13 Dolphin, Hayden	Hm-Sanborn	7:03.99

**Boys 3200 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Ramirez-Parra, Joel	Storm Lake	10:08.66 10
2 Hummel, Isaac	Moc-Fv	10:23.61 8
3 Ortega, Alexander	Storm Lake	10:41.35 6
4 Masters, Beckett	Moc-Fv	11:08.77 4
5 Low, Sam	Okoboji, Mil	11:52.64 2
6 Teal, Easton	Hm-Sanborn	12:01.84 1
7 Wieringa, Eddie	Western Chri	12:21.81
8 Stepantsov, Bohdan	Western Chri	13:06.01

**Boys 110 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Heller, Jerron	Okoboji, Mil	15.09 10
2 Vander Ploeg, Conner	Moc-Fv	15.25 8

3 Heilman, Luke	Sibley-Ochey	15.29 6
4 Bundt, Lucas	Moc-Fv	17.77 4
5 Pausley, Jake	Okoboji, Mil	19.03 2
6 Tut, Riak	Storm Lake	20.35 1
7 Kellert, Daniel	Hm-Sanborn	21.63

**Boys 400 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Marco, Tate	Sibley-Ochey	54.29 10
2 Graves, Elijah	Okoboji, Mil	54.92 8
3 Heller, Jerron	Okoboji, Mil	56.86 6
4 Moeller, Isaiah	Moc-Fv	1:02.79 4
5 Doebel, Ryker	Storm Lake	1:04.29 2
6 Dokter, Crystian	Moc-Fv	1:06.24 1
7 Terpstra, Andrew	Unity Chrst,	1:06.41
8 Tut, Riak	Storm Lake	1:09.94
9 Zimmer, Karter	Hm-Sanborn	1:15.13
10 Kellert, Daniel	Hm-Sanborn	1:19.19

**Boys 4x100 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	43.33 10
1) Maasdam, Dylan	2) Koerselman, Dalton	
3) Kleinhesselink, Hudson	4) Vander Ploeg, Conner	
2 Okoboji, Milford	A	44.38 8
1) Stein, Nick	2) Mulhern, Mitchel	
3) Storey, Carson	4) Simington, Avery	
3 W Sioux Hwardn	A	45.30 6
1) Van Beek, Kendrin	2) Anderson, Cooper	
3) Lopez, Braylon	4) Van Muyden, Cole	
4 Storm Lake	A	45.35 4
1) Chaiyawong, Sitah	2) Azurdia, Brandyn	
3) Richardson, Rylan	4) Machado, Andre	
5 Unity Chrst, OC	A	45.99 2
1) Junius, Zekiel	2) Mouw, Joshua	
3) Reinke, Jordan	4) Obbink, Kaleb	
6 Sibley-Ocheyedan	A	45.99 1
1) Heilman, Luke	2) Wingate, Tristen	
3) Kauffman, Hunter	4) Marco, Dominic	
7 Hm-Sanborn	A	47.37
1) Carlin, James	2) Stofferan, Nathan	
3) de Winnaar, Righardt	4) Grotluschen, Caleb	
8 Western Christ	A	49.09
1) Vis, Jake	2) Bruxvoort, Alex	
3) Heynen, Jesse	4) Brands, Gavin	
9 Whiting	A	49.69
1) Collazo, Dereck	2) Bergman, Zane	
3) Rich, Colten	4) Slothouber, Braden	

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**Boys 4x200 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Okoboji, Milford	A	1:34.46 10
1) Wolf, Lincoln	2) Mulhern, Mitchel	
3) Storey, Carson	4) Simington, Avery	
2 W Sioux Hwardn	A	1:35.72 8
1) Van Beek, Kendrin	2) Anderson, Cooper	
3) Lopez, Braylon	4) Van Muyden, Cole	
3 Moc-Fv	A	1:35.96 6
1) Jager, Paxton	2) Samuels, Grantley	
3) Van Ravenhorst, Logan	4) Gebhard, Aiden	
4 Hm-Sanborn	A	1:36.92 4
1) Carlin, James	2) Stofferan, Nathan	
3) Schierholz, Isaac	4) Grotluschen, Caleb	
5 Storm Lake	A	1:37.08 2
1) Anderson, Brennen	2) Garcia, Azael	
3) Richardson, Rylan	4) Machado, Andre	
6 Western Christ	A	1:44.93 1
1) Bruxvoort, Alex	2) Raman, Westin	
3) Schemper, Cody	4) DeJong, Mattias	
--- Sibley-Ocheyedan	A	DQ
1) Marco, Tate	2) Sayler, Levi	
3) Kauffman, Hunter	4) Marco, Dominic	

**Boys 4x400 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	3:33.84 10
1) Kleinhesselink, Hudson	2) Van Zee, Albear	
3) Van Ravenhorst, Logan	4) Katt, Cooper	
2 Storm Lake	A	3:37.13 8
1) William, Jay	2) William, David	
3) Sanchez, Nicolas	4) Weno, Garbieno	
3 Sibley-Ocheyedan	A	3:38.10 6
1) Sayler, Levi	2) Kleinwolterink, Eric	
3) Vos, Carter	4) Kreykes, Dawson	
4 Western Christ	A	3:50.88 4
1) Gulker, Jackson	2) Smith, Carson	
3) Visser, Camden	4) Wolfswinkel, Elias	
5 Hm-Sanborn	A	3:55.82 2
1) Grotluschen, Caleb	2) Teal, Easton	
3) Carlin, James	4) de Winnaar, Righardt	
6 W Sioux Hwardn	A	4:12.31 1
1) Rosiles, Emiliano	2) Miller, Parker	
3) Coons, Dracin	4) Schoppman, Jamisen	

**Boys 4x800 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Okoboji, Milford	A	8:40.30 10
1) Fear, Tyson	2) Weston, Ethan	
3) Boone, Cooper	4) Nitchals, Cruz	

2 Sibley-Ocheyedan	A	8:41.90 8
1) Vos, Carter	2) Ver Steeg, Aiden	
3) Kleinwolterink, Eric	4) Kreykes, Dawson	
3 Moc-Fv	A	9:07.88 6
1) Roetman, Benjamin	2) Dokter, Crystian	
3) De Koster, Carter	4) Dykstra, Ben	
4 Storm Lake	A	9:47.67 4
1) Rodriguez, Teofilo	2) Schwint, John	
3) Harder, Ted	4) Johnson, Bode	
--- Moc-Fv	B	X10:49.77
1) Van Wyk, Keegan	2) Maassen, Jacob	
3) Van Ommeren, Adrian	4) Bell, Shotay	

**Boys 800 Sprint Medley Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	1:34.92 10
1) Maasdam, Dylan	2) Van Zee, Albear	
3) Katt, Cooper	4) Van Ravenhorst, Logan	
2 Sibley-Ocheyedan	A	1:36.83 8
1) Heilman, Luke	2) Marco, Dominic	
3) Marco, Tate	4) Sayler, Levi	
3 Storm Lake	A	1:39.99 6
1) Chaiyawong, Sitah	2) Azurdia, Brandyn	
3) William, David	4) William, Jay	
4 Unity Chrst, OC	A	1:41.68 4
1) Reinke, Jordan	2) Mouw, Joshua	
3) Foreman, Carson	4) Moret, Greyson	
5 Okoboji, Milford	A	1:42.38 2
1) Riley, Noah	2) Robinson, Cody	
3) Guthrie, Marcus	4) Pausley, Jake	
6 Western Christ	A	1:42.85 1
1) Bruxvoort, Alex	2) Vis, Jake	
3) Heynen, Jesse	4) Brands, Gavin	
7 W Sioux Hwardn	A	1:51.12
1) Coons, Dracin	2) Anderson, Cooper	
3) Van Beek, Kendrin	4) Miller, Parker	
8 Hm-Sanborn	A	1:51.57
1) Ball, Braxton	2) Esquivel, Diego	
3) de Winnaar, Righardt	4) Dolphin, Carter	

**Boys Distance Medley Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Moc-Fv	A	3:41.61 10
1) Koerselman, Dalton	2) Kleinhesselink, Hudson	
3) Katt, Cooper	4) Doughan, Thatcher	
2 Western Christ	A	3:56.94 8
1) Brands, Gavin	2) Gulker, Jackson	
3) Visser, Camden	4) Smith, Carson	
3 Unity Chrst, OC	A	3:59.30 6
1) Wynia, Josiah	2) Obbink, Kaleb	
3) Moret, Greyson	4) Bailey, Benjamin	
4 Storm Lake	A	4:01.49 4
1) Mai, Harry	2) Anderson, Brennen	
3) Sanchez, Nicolas	4) Kampbell, Heath	

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**Finals ... (Boys Distance Medley Varsity)**

Team	Relay	Finals
5 Okoboji, Milford	A	4:05.87 2
1) Riley, Noah	2) Robinson, Cody	
3) Clark, Ryder	4) Boone, Cooper	
6 W Sioux Hwardn	A	4:16.10 1
1) Coons, Dracin	2) Schoppman, Jamisen	
3) Rosiles, Emiliano	4) Miller, Parker	
7 Hm-Sanborn	A	4:27.20
1) Billings, Alex	2) Kellert, Daniel	
3) Zimmer, Karter	4) Boynton, Dylan	
8 Sibley-Ocheyedan	A	4:33.08
1) Wingate, Tristen	2) Sayler, Elijah	
3) Bevers, Gabe	4) Vos, Triston	

**Boys 4x110 Meter Shuttle Hurdle Varsity**

Team	Relay	Finals
1 Okoboji, Milford	A	58.91 10
1) Graves, Elijah	2) Simington, Avery	
3) Jacobsen, Asa	4) Heller, Jerron	
2 Moc-Fv	A	1:00.30 8
1) Maasdam, Dylan	2) Van Zee, Albear	
3) Bundt, Lucas	4) Vander Ploeg, Conner	
--- Storm Lake	A	DQ
1) Doebel, Ryker	2) Phiakhamta, Tylon	
3) William, Jay	4) Sanchez, Nicolas	

**Boys High Jump Varsity**

Name	School	Finals
1 Yanga, Timothy	Storm Lake	J6-02.00 10
2 Kleinwolterink, Eric	Sibley-Ochey	J6-00.00 8
3 Graves, Elijah	Okoboji, Mil	J6-00.00 6
4 Van Gelder, Carter	Moc-Fv	J5-10.00 4
5 Gulker, Jackson	Western Chri	J5-08.00 2
6 Ruschmann, Isaac	Unity Chrst,	J5-06.00 1
7 Rich, Colten	Whiting	J5-04.00
7 Bergman, Zane	Whiting	J5-04.00
9 Pausley, Jake	Okoboji, Mil	J5-04.00
10 Krosschell, Liam	Moc-Fv	J5-02.00
10 Schierholz, Isaac	Hm-Sanborn	J5-02.00

**Boys Long Jump Varsity**

Name	School	Finals
1 Koerselman, Dalton	Moc-Fv	21-09.75 10
2 Storey, Carson	Okoboji, Mil	21-03.25 8
3 Richardson, Rylan	Storm Lake	20-02.25 6
4 Van Muyden, Cole	W Sioux Hwar	19-05.25 4
5 Jacobsen, Asa	Okoboji, Mil	19-02.50 2
6 Azurdia, Brandyn	Storm Lake	18-11.75 1
7 Obbink, Kaleb	Unity Chrst,	18-10.00
8 Van Den Berg, Isaac	Unity Chrst,	18-04.00
9 Anderson, Cooper	W Sioux Hwar	17-07.75
10 Carlin, James	Hm-Sanborn	17-06.75

11 Bergman, Zane	Whiting	17-00.50
11 Zimmer, Karter	Hm-Sanborn	17-00.50
13 Leusink, Shaun	Moc-Fv	16-11.00
14 Collazo, Dereck	Whiting	16-02.00

**Boys Shot Put Varsity**

Name	School	Finals
1 Greenfield, Gage	Sibley-Ochey	51-08.00 10
2 Mulder, Jacob	Moc-Fv	48-11.50 8
3 Billings, Alex	Hm-Sanborn	40-08.50 6
4 Lopez, Rafael	W Sioux Hwar	40-07.50 4
5 Glynn, Caleb	Whiting	40-00.00 2
6 Roorda, Gage	Unity Chrst,	39-11.50 1
7 Beal, Javen	Okoboji, Mil	39-09.50
8 Lacy, Collin	W Sioux Hwar	38-04.00
9 Heynen, Jesse	Western Chri	37-09.00
10 Prins, Toby	Sibley-Ochey	37-02.00
11 Vaas, Bennet	Moc-Fv	37-00.00
12 Smith, Keyshawn	Okoboji, Mil	36-11.50
13 Homziakov, Nazar	Unity Chrst,	34-06.00
14 Roelfs, Jacob	Hm-Sanborn	32-01.50
15 Poh, Eh	Storm Lake	31-09.00
16 Nichols, Troy	Whiting	27-09.50

**Boys Discus Throw Varsity**

Name	School	Finals
1 Mulder, Jacob	Moc-Fv	149-10 10
2 Greydanus, Eli	Western Chri	147-08 8
3 Topete, Santiago	W Sioux Hwar	135-04 6
4 Roorda, Gage	Unity Chrst,	134-08 4
5 Smith, Keyshawn	Okoboji, Mil	127-02 2
6 Elser, Kyler	Sibley-Ochey	125-11 1
7 Kaskie, Kade	W Sioux Hwar	118-08
8 Stanton, Gavin	Sibley-Ochey	111-03
9 Vaas, Bennet	Moc-Fv	109-09
10 Beal, Javen	Okoboji, Mil	104-00
11 Harder, Bryson	Storm Lake	103-10
12 Glynn, Caleb	Whiting	103-03
13 Heynen, Jesse	Western Chri	101-08
14 Taylor, David	Unity Chrst,	94-10
15 Cruz, Devon	Storm Lake	93-05
16 Roelfs, Jacob	Hm-Sanborn	85-09
17 Nichols, Troy	Whiting	64-09

**Boys 3200 Meter Run Junior Varsity**

Name	School	Finals
1 Verschuure, Cole	Moc-Fv	12:47.50

**Boys High Jump Junior Varsity**

Name	School	Finals
1 Slothouber, Braden	Whiting	5-06.00

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**Boys Long Jump Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Gebhard, Joshua	Moc-Fv	17-10.00
2 Ruschmann, Isaac	Unity Chrst,	17-05.25
3 Rich, Colten	Whiting	15-05.50

**Boys Shot Put Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Vande Griend, Jake	Western Chri	38-01.25
2 Topete, Santiago	W Sioux Hwar	37-03.75
3 Schemper, Cody	Western Chri	37-00.00
4 Van Westen, Phillip	Sibley-Ochey	35-07.50
5 Slemper, Ryker	Moc-Fv	35-02.25
6 Harder, Bryson	Storm Lake	34-00.00
7 Harp, Andrew	Moc-Fv	32-09.00
8 Hogrefe, Drew	Storm Lake	31-09.00
9 Kooima, JJ	W Sioux Hwar	31-06.50
10 Mejia, Roman	Sibley-Ochey	31-04.50
11 Kaskie, Kade	W Sioux Hwar	x30-08.50
12 Dykstra, Levi	Unity Chrst,	29-03.00
13 Taylor, David	Unity Chrst,	25-06.00
14 Schreur, Nathan	Hm-Sanborn	15-02.25

Men - Varsity - Team Rankings - 19 Events Scored	
1) MOC-FV	148
2) Storm Lake	113
3) Okoboji, Milford	102
4) Sibley-Ocheyedan	76
5) Unity Chrst, OC	54
6) Western Christ	32
7) W Sioux Hwardn	31
8) HM-Sanborn	15
9) Whiting	2

**Boys Discus Throw Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Slemper, Ryker	Moc-Fv	113-07
2 Lacy, Collin	W Sioux Hwar	110-11
3 Lopez, Rafael	W Sioux Hwar	110-05
4 Poh, Eh	Storm Lake	104-00
5 Smit, Asaiah	Moc-Fv	100-08
6 Van Westen, Phillip	Sibley-Ochey	100-01
7 Kooima, Kayden	Sibley-Ochey	97-00
8 Kooima, JJ	W Sioux Hwar	x95-03
9 Harp, Andrew	Moc-Fv	x94-08
10 Hogrefe, Drew	Storm Lake	91-04
11 Homziakov, Nazar	Unity Chrst,	89-03
12 Schemper, Cody	Western Chri	85-07
13 Mejia, Roman	Sibley-Ochey	x83-03
14 Vande Griend, Jake	Western Chri	80-08
15 Dykstra, Levi	Unity Chrst,	73-01
16 Franco, Salvador	W Sioux Hwar	x65-00

Women - Varsity - Team Rankings - 19 Events Scored

1) MOC-FV	160
2) Okoboji, Milford	89
3) Unity Chrst, OC	86
4) Sibley-Ocheyedan	72
5) Western Christ	55
6) Storm Lake	53
7) HM-Sanborn	30
8) Whiting	17
9) W Sioux Hwardn	8