

Sheldon XC Invitational - 9/22/2025
Sheldon Golf Course
Sheldon, Iowa

Event 3 Boys 5k Run CC Varsity & JV

Name	Year School	Finals	Points
Varsity Results 5000 Run			
1 Ramirez-Parra, Joel	12 V-Storm Lake	17:16.24	1
2 Ten Napel, Ian	10 V-Western Christian	17:26.60	2
3 Ortega, Alexander	12 V-Storm Lake	17:29.35	3
4 Vermeer, Malakai	11 V-Sheldon	17:47.28	4
5 Mills, Jacob	11 V-Storm Lake	18:00.01	5
6 Minderhoud, Logan	11 V-Western Christian	18:08.32	6
7 Scheaffer, Lewis	11 V-Sheldon	18:08.95	7
8 Zellner, Kristoffer	11 V-Sioux City East	18:14.50	8
9 Placencia, Alex	11 V-Storm Lake	18:15.23	9
10 Hegenbarth, Jayden	11 V-Sheldon	18:17.22	10
11 Schwint, John	10 V-Storm Lake	18:22.72	11
12 Kampbell, Heath	10 V-Storm Lake	18:23.40	12
13 Pottebaum, Jakob	11 V-Boyden-Hull-Rv	19:21.01	
14 Clayton, Jacob	11 V-Westwood	19:30.65	
15 Rozenboom, Colten	10 V-Western Christian	19:36.96	13
16 Johnson, Emmett	11 V-Sioux City East	19:37.51	14
17 Kleinwolterink, Eric	12 V-Sibley-Ocheyedan	19:51.33	
18 Bisanga, Amisi	09 V-Sioux City West	19:53.53	15
19 Koson, Reed	10 V-Sioux City East	19:55.70	16
20 Schreurs, Lamont	10 V-Western Christian	19:55.84	17
21 Quevedo, Samuel	11 V-Boyden-Hull-Rv	19:57.00	
22 Machado, Andre	12 V-Storm Lake	19:59.99	18
23 Wassenaar, Greyson	09 V-Spirit Lake	20:04.93	19
24 Wierenga, Edison	09 V-Western Christian	20:15.85	20
25 Koepke, Kaden	12 V-Sioux City East	20:40.67	21
26 Perera, Calen	09 V-Sioux City East	20:45.86	22
27 Kreykes, Karson	10 V-Spirit Lake	20:46.66	23
28 Limon, Antelmo	10 V-Sioux City West	20:47.97	24
29 Vandehoef, Keegan	11 V-Spirit Lake	20:55.94	25
30 Smith, Jimmy	11 V-Sioux City West	20:56.28	26
31 Harris, Oliver	V-Spirit Lake	20:57.47	27
32 Huitink, Devon	09 V-Sheldon	21:05.38	28
33 Burton, Kenneth	10 V-Sioux City East	21:05.66	29
34 Wright, Austin	09 V-Sioux City East	21:10.29	30
35 Vande Vegte, Jason	12 V-Western Christian	21:22.66	31
36 Wahl, Sam	10 V-Spirit Lake	21:33.84	32
37 Thiner, Eli	12 V-Sheldon	21:46.01	33
38 Vos, Triston	12 V-Sibley-Ocheyedan	21:46.89	
39 Kock, Alec	12 V-West Lyon	21:51.89	
40 Kirby, Evan	11 V-Sheldon	21:55.48	34
41 Kebato, Abdisi	10 V-Sioux City West	22:57.54	35
42 Adkins, Keegan	10 V-Sheldon	24:02.11	36
43 Clinkenbeard, Brock	12 V-Spirit Lake	24:04.05	37
44 Kebato, Abase	10 V-Sioux City West	24:07.44	38
45 Dirks, Aaron	10 V-Spirit Lake	24:08.25	39
46 Gasca, Cesar	10 V-Boyden-Hull-Rv	24:33.21	
47 Perez, Edwin	12 V-West Lyon	26:09.50	
48 Rich, Isaac	12 V-Whiting	26:40.56	
49 Christoffersen, Korben	12 V-Westwood	26:53.53	
50 Rusche, Roland	10 V-Sibley-Ocheyedan	32:51.50	
51 Kepner, Easton	12 V-Westwood	35:00.62	
Junior Varsity Results 5000 Run			
1 Laguna Zavala, Eden	10 Storm Lake	20:11.66	1
2 Flores, Anthony	09 Sioux City East	20:20.94	2
3 Bazer, Chase	09 Sioux City East	20:28.79	3

4	Bauer, Jackson	11	Storm Lake	20:37.74	4
5	Jiminez, Andrew	9	Storm Lake	20:41.24	5
6	Jackson, Hunter	12	Spirit Lake	21:53.66	6
7	Harder, Ted	9	Storm Lake	21:54.84	7
8	Vande Brake, Chris	12	Western Christian	22:06.72	8
9	Whitlock, Dekeyn	10	Sioux City East	22:07.58	9
10	Stepantsov, Bohdan	12	Western Christian	22:09.17	10
11	Villa, AJ	10	Spirit Lake	23:01.25	11
12	Odendahl, Zach	9	Spirit Lake	23:01.64	12
13	Kosiba, Costatine	11	Sioux City East	23:12.02	13
14	Leusink, Mark	12	Western Christian	23:13.72	14
15	Foell, Paul	9	Storm Lake	23:16.70	15
16	Nguyen, Kash	09	Sioux City East	23:18.70	16
17	Jacuinde-Mellado, Raul	12	Storm Lake	23:27.92	17
18	Bakker, Easton	10	Western Christian	23:33.51	18
19	Millard, Ian	11	Sioux City East	23:38.03	19
20	Joseph, DJ	10	Sioux City West	23:50.01	
21	Blankespoor, Jonah	11	Western Christian	23:52.86	20
22	Schmeling, Caleb	9	Spirit Lake	23:54.30	21
23	Rodriguez, Teo	10	Storm Lake	24:01.67	22
24	Landgraf, Will	9	Storm Lake	24:03.42	
25	Mills, Jackson	9	Storm Lake	24:26.00	
26	Espey, Hudson	09	Western Christian	24:43.40	23
27	Lagunes, D'Angelo	10	Storm Lake	24:47.86	
28	Scheaffer, Gideon	09	Sheldon	25:04.05	
29	Anguiano, Alejandro	12	Sioux City East	25:39.35	24
30	Yiga, Johannes	10	Sheldon	25:41.09	
31	Sanchez, Nic	10	Storm Lake	26:47.21	
32	Wilson, Joseph	12	Sioux City West	27:34.15	
33	Palomino, Giovanni	12	Sioux City East	29:02.95	
34	Kayo, Ibsa	12	Sioux City West	29:06.65	
35	Murray, Lionel	09	Sioux City East	30:26.14	
36	Himley, Hunter	10	Spirit Lake	30:55.41	25
37	Chambang, Yik	09	Storm Lake	31:07.50	
38	Van Kley, Brennan	09	Western Christian	31:29.20	26
39	Tantsura, David	10	Western Christian	34:37.77	
40	Cannegieter, Carson	11	Boyden-Hull-RV	36:51.53	
41	Frahm, Ben	09	Sheldon	39:02.36	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Junior Varsity Results 5000 Run

1	Storm Lake	32	1	4	5	7	15	17	22
	Total Time: 1:46:42.18								
	Average: 21:20.44								
2	Sioux City East	43	2	3	9	13	16	19	24
	Total Time: 1:49:28.03								
	Average: 21:53.61								
3	Western Christian	70	8	10	14	18	20	23	26
	Total Time: 1:54:55.98								
	Average: 22:59.20								
4	Spirit Lake	75	6	11	12	21	25		
	Total Time: 2:02:46.27								
	Average: 24:33.26								

Varsity Results 5000 Run

1	V-Storm Lake	29	1	3	5	9	11	12	18
	Total Time: 1:29:23.55								
	Average: 17:52.71								
2	V-Western Christian	58	2	6	13	17	20	31	
	Total Time: 1:35:23.57								
	Average: 19:04.72								
3	V-Sioux City East	81	8	14	16	21	22	29	30
	Total Time: 1:39:14.24								

Average:		19:50.85							
4 V-Sheldon		82	4	7	10	28	33	34	36
Total Time:		1:37:04.84							
Average:		19:24.97							
5 V-Spirit Lake		126	19	23	25	27	32	37	39
Total Time:		1:44:18.84							
Average:		20:51.77							
6 V-Sioux City West		138	15	24	26	35	38		
Total Time:		1:48:42.76							
Average:		21:44.56							