

2025 Iowa Great Lakes XC Invitational - 9/4/2025
Brooks Golf Course (Spirit Lake, Iowa)
Spirit Lake/Okoboji Co-Hosts

Event 1 Girls 5k Run CC Varsity

Name	Year School	Finals	Points
Class A Results 5000 Run			
1 Anderson, Natalie	11 Moc-Floyd Valley	18:55.69	1
2 Jones, Audrina	11 Sioux Center	19:22.43	2
3 Isakson, Molly	11 Sioux Center	20:08.55	3
4 VanAartsen, Macyn	10 Sioux Center	20:42.42	4
5 Lassen, Kienna	12 Moc-Floyd Valley	20:44.07	5
6 Wielenga, Kylee	11 Sioux Center	20:50.73	6
7 Oldenkamp, Kolby	12 Sioux Center	21:04.45	7
8 Kampbell, Silvia	12 Storm Lake	21:08.78	8
9 Lomholt, Addison	10 Oa-Bcig	21:14.29	
10 Woodall, Grace	12 Cherokee	21:33.92	9
11 Bajema, Adriel	11 Sioux Center	21:36.03	10
12 Weaver, Claire	11 Forest City	21:43.04	11
13 Palmer, Alexandria	12 Spencer	21:47.91	12
14 Weston, Kaela	10 Okoboji	21:54.11	13
15 Sharp, Muren	10 Forest City	21:56.31	14
16 Mouw, Taylin	10 Moc-Floyd Valley	21:56.51	15
17 Trautman, Kaitlyn	09 Spirit Lake	22:04.19	16
18 Tracy, Teagan	12 Moc-Floyd Valley	22:09.58	17
19 Hulst, Kenzie	10 Moc-Floyd Valley	22:22.16	18
20 Matthiesen, Minnie	09 Spencer	22:25.97	19
21 Beck, Ella	11 Spirit Lake	22:28.28	20
22 Aukes, Ashlee	11 Forest City	22:29.05	21
23 Clouse, Samantha	10 Forest City	22:33.63	22
24 Armstead, Hayden	10 Estherville-LC	22:45.62	23
25 Haverdink, Rachel	12 Moc-Floyd Valley	22:47.79	24
26 Reese, Sophia	11 Forest City	22:55.95	25
27 Wilkie, Addyson	11 Cherokee	23:02.74	26
28 Keller, Eliza	10 Moc-Floyd Valley	23:03.16	27
29 Dahlhauser, Maggie	12 Storm Lake	23:07.00	28
30 Morey, Ava	11 Spencer	23:08.57	29
31 Kurrle, Elsa	11 George-LR-CL	23:11.16	30
32 Danbom, Norah	12 Okoboji	23:16.75	31
33 VandeHoef, Cadence	10 Spirit Lake	23:22.39	32
34 Konechne, Molly	12 George-LR-CL	23:22.54	33
35 Wasson, Ava	09 Okoboji	23:23.43	34
36 Eilts, Katie	11 Spencer	23:39.77	35
37 Klaassen, Kate	12 Forest City	24:02.13	36
38 Backman, Lily	10 Storm Lake	24:04.02	37
39 Reinert, Payton	11 Cherokee	24:19.59	38
40 Robinson, Kylie	10 Sheldon	24:19.75	
41 Schoonover, Grace	09 Kuemper Catholic	24:23.16	39
42 Johnson, Evonna	09 Forest City	24:24.96	40
43 Vande Weerd, Jessa	10 George-LR-CL	24:26.85	41
44 Gravenish, Alexa	11 Cherokee	24:29.89	42
45 Fowler, Sariah	09 Cherokee	24:36.46	43
46 Rentschler, Emersyn	12 West Lyon	24:37.19	
47 Schmidt, Emily	11 Spencer	24:38.77	44
48 Lee, Logan	11 Kuemper Catholic	24:46.96	45
49 Monier, Ava	09 Sheldon	24:50.35	
50 Krieg, Merceades	11 Spencer	24:51.08	46
51 Pritchard, Anna	10 Spirit Lake	24:57.41	47
52 Schwager, Halli	12 Sheldon	24:59.23	
53 Greving, Shelby	11 Kuemper Catholic	25:02.17	48
54 Rodriguez, Jade	09 Storm Lake	25:03.57	49
55 Langholdt, Amber	11 George-LR-CL	25:04.62	50

56 Clausen, Hazel	10 Kuemper Catholic	25:13.14	51
57 Olson, Kylie	12 Estherville-LC	25:23.10	52
58 Davis, Lexi	11 George-LR-CL	25:32.18	53
59 Schnabel, Olivia	12 Oa-Bcig	25:45.83	
60 Busse, Lana	12 Cherokee	25:52.00	54
61 Segabart, Madeline	12 Kuemper Catholic	25:55.35	55
62 Clabaugh, Morgan	12 Estherville-LC	26:01.59	56
63 Van Der Weerd, Maddie	12 George-LR-CL	26:12.47	57
64 Ludwig, Camryn	Oa-Bcig	26:14.78	
65 Cunningham, Emilia	11 Okoboji	26:19.14	58
66 Mattox, Sophya	10 Estherville-LC	26:20.95	59
67 Seidl, Anna	10 Kuemper Catholic	26:27.57	60
68 Stevenson, Hallie	09 Spencer	26:29.07	61
69 David, Chloe	11 West Lyon	26:43.26	
70 Schreurs, Aspyn	09 West Lyon	26:45.34	
71 Rentschler, Audrey	09 West Lyon	26:53.62	
72 Gravert, Hailey	12 Okoboji	26:55.33	62
73 Sandbulte, Bella	11 Okoboji	27:18.15	63
74 Siegner, Lauren	11 Oa-Bcig	27:29.38	
75 Downing, Ella	11 Okoboji	27:36.52	64
76 Harris, Cecelia	11 Spirit Lake	28:10.11	65
77 Linares, Priscila	11 Kuemper Catholic	28:11.94	66
78 Martinez, Anaiz	10 Storm Lake	28:12.45	67
79 Snyder, Eva	12 Storm Lake	28:33.77	68
80 Schneider, Kyleigh	10 Estherville-LC	28:43.99	69
81 Jacuinde-Mellado, Isari	09 Storm Lake	28:57.55	70
82 McAlpine, Hayden	12 George-LR-CL	29:09.28	71
83 Lavender, Helen	11 Estherville-LC	29:09.67	72
84 Leupold, Addilin	11 Spirit Lake	31:45.26	73
Class B Results 5000 Run			
1 Schupbach, Tyra	12 West Bend-Mallard	19:54.76	
2 Madsen, Marley	12 Sioux Central	20:49.20	1
3 Christian, Nora	12 Sioux Central	22:15.24	2
4 Cummins, Alexis	11 North Union	22:26.09	
5 Renneker, Kara	11 Lake Mills	22:30.34	3
6 Marco, Aleah	10 Sibley-Ocheyedan	22:32.17	4
7 Childs, Riley	10 Sibley-Ocheyedan	23:07.60	5
8 Morey, Lilly	12 West Bend-Mallard	23:09.24	
9 Odens, Gracie	09 Sibley-Ocheyedan	23:11.26	6
10 Spenner, Faith	09 Mmc-Ru HS	23:45.28	7
11 Sylvara, Kaylie	11 Lake Mills	23:49.63	8
12 Mya, Pohlen	11 Sibley-Ocheyedan	23:56.93	9
13 Delacruz, Viviana	09 Hartley Hms	23:57.99	
14 Chambers, Allie	10 Sioux Central	23:59.12	10
15 Benitez, Amadelaid	10 Sibley-Ocheyedan	24:10.48	11
16 Elbert, Rory	11 Emmetsburg	24:11.98	12
17 Fehr, Maddie	12 West Bend-Mallard	24:18.68	
18 Juhl, Annika	11 Mmc-Ru HS	24:20.39	13
19 Sangwin, Violet	10 Sioux Central	25:01.95	14
20 Bloom, Karina	11 Sioux Central	25:10.74	15
21 Pajazetovic, Alisa	12 Mmc-Ru HS	25:24.31	16
22 Bloedel, Annie	11 Lake Mills	25:37.96	17
23 Holtan, Tori	09 Lake Mills	25:46.09	18
24 Young, Lily	11 Lake Mills	25:52.16	19
25 Burdick, Caroline	11 Emmetsburg	25:56.57	20
26 Morton, Mya	10 Emmetsburg	25:56.67	21
27 Waldstein, Peyton	10 Sioux Central	25:58.90	22
28 Biddle, Abby	09 Emmetsburg	26:14.21	23
29 Welbig, Alyssia	11 North Union	26:30.05	
30 Machin, Katie	09 Lake Mills	26:39.34	24
31 Phillips, Sarah	10 Sioux Central	26:58.42	25
32 Boynton, Delilah	09 Hartley Hms	27:14.45	
33 Erickson, Brooklyn	10 Hartley Hms	27:28.42	
34 Thoren, Lizzi	11 Emmetsburg	27:40.43	26
35 Santiago, Gaby	11 Lake Mills	28:17.45	27

36 Dooley, Emmy	11 Emmetsburg	28:28.26	28
37 Detlefson, Molly	09 Harris-Lake Park	28:41.68	
38 Etter, Sophia	12 Mmc-Ru HS	29:40.53	29
39 Johnson, Anessa	12 South Obrien	32:10.69	
40 Rouse, Lauren	10 Emmetsburg	32:23.52	30
41 Ellis, Victoria	10 Graettinger Gtra	33:13.12	
42 Ellis, Liberty	12 Graettinger Gtra	34:38.78	
43 Doellinger, Rachel	10 Mmc-Ru HS	35:46.49	31
44 Malm, Magnolia	10 Graettinger Gtra	36:55.24	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Class A Results 5000 Run

1	Sioux Center High School	22	2	3	4	6	7	10			
	Total Time: 1:42:08.58										
	Average: 20:25.72										
2	Moc-Floyd Valley	56	1	5	15	17	18	24	27		
	Total Time: 1:46:08.01										
	Average: 21:13.61										
3	Forest City	93	11	14	21	22	25	36	40		
	Total Time: 1:51:37.98										
	Average: 22:19.60										
4	Spencer	139	12	19	29	35	44	46	61		
	Total Time: 1:55:40.99										
	Average: 23:08.20										
5	Cherokee	158	9	26	38	42	43	54			
	Total Time: 1:58:02.60										
	Average: 23:36.52										
6	Spirit Lake	180	16	20	32	47	65	73			
	Total Time: 2:01:02.38										
	Average: 24:12.48										
7	Storm Lake	189	8	28	37	49	67	68	70		
	Total Time: 2:01:35.82										
	Average: 24:19.17										
8	Okoboji	198	13	31	34	58	62	63	64		
	Total Time: 2:01:48.76										
	Average: 24:21.76										
9	George-LR-CL	207	30	33	41	50	53	57	71		
	Total Time: 2:01:37.36										
	Average: 24:19.47										
10	Kuemper Catholic	238	39	45	48	51	55	60	66		
	Total Time: 2:05:20.78										
	Average: 25:04.16										
11	Estherville-LC	259	23	52	56	59	69	72			
	Total Time: 2:09:15.25										
	Average: 25:51.05										

Class B Results 5000 Run

1	Sibley-Ocheyedan	35	4	5	6	9	11				
	Total Time: 1:56:58.44										
	Average: 23:23.69										
2	Sioux Central	42	1	2	10	14	15	22	25		
	Total Time: 1:57:16.25										
	Average: 23:27.25										
3	Lake Mills	65	3	8	17	18	19	24	27		
	Total Time: 2:03:36.18										
	Average: 24:43.24										
4	Mmc-Ru HS	96	7	13	16	29	31				
	Total Time: 2:18:57.00										
	Average: 27:47.40										
5	Emmetsburg	102	12	20	21	23	26	28	30		
	Total Time: 2:09:59.86										
	Average: 25:59.98										